



A movement based learning experience
for young children and their caregivers

...learn to move



move to learn...

Bookings are essential please email
admin@seacliffkindergym.com.au
or visit our website seacliffkindergym.com.au

Seacliff Recreation Centre Yacca Road Seacliff
Phone: 8296 4995 Mobile: 0432 874 532

Seacliff KinderGym encourages your child to develop physically, socially, emotionally and cognitively. It is a multi-movement program where children learn to move and move to learn. We use music to encourage cross patterning, exercising the brain and an extensive variety of stimulating sensory equipment to challenge your child. We provide the foundations for a lifetime of positive attitudes towards physical activity and help to prepare your child for Kindergarten, School and sports.



KinderGym offers :

BabyGym (0–18 months) the opportunity to explore and develop your baby's physical and cognitive skills in a fun environment at their own rate.

KinderGym (1–5 years) empowers your child with the skills and confidence to hang and swing, spin, balance, skip, climb, throw, crawl and jump.

KinderGym Plus (3–5 years) an extension of the KinderGym program for children who like to be challenged.

Pre-Gym (4–5 years) a structured programme – a solid foundation for all sports.

Explore-Ability (1-5 years) a smaller supportive session for children who may have sensory or gross motor challenges or developmental delays.

Session timetable :

BabyGym Monday, Tuesday & Thursday at 12 noon

KinderGym Monday, Tuesday, Wednesday & Thursday at 9, 10 & 11 am. Friday at 9 & 10 am

KinderGym Plus Monday, Tuesday & Thursday at 1.15 pm

Pre-Gym Friday at 11 am

Explore-Ability Wednesday at 2 pm



Remember to follow us on social media

